

Start the conversation about once-weekly SKYTROFA®



This guide has been developed in partnership with our **SKYTROFA Caregiver Ambassadors**: real parents and caregivers whose children are taking SKYTROFA. Whether you are new to treatment or experienced with growth hormone treatment, use the general questions below to learn more about SKYTROFA from your care team.

1. What is once-weekly SKYTROFA? _____

- a. What are the main ingredients in the medicine? _____

2. How much is my child expected to grow to on SKYTROFA? _____

3. How do I give my child SKYTROFA? _____

4. What dosage will my child start with, and will it change? _____

5. How often will my child need bloodwork and labs? _____

- a. What are they for? _____

6. Is SKYTROFA covered by my insurance? _____
- a. Will your office help with prior authorizations and paperwork? _____

- b. Once on SKYTROFA, what resources are available for help with ongoing insurance coverage? _____

- c. Does SKYTROFA offer any co-pay savings _____



New to growth hormone treatment? Check out the questions on **page 2!**
Currently on a different growth hormone therapy? To help talk with your doctor about switching to SKYTROFA, use the questions on **page 3!**

IMPORTANT SAFETY INFORMATION & USES

SKYTROFA is a prescription medicine used for:

- the replacement of growth hormone in children 1 year old or older who weigh at least 26 pounds (11.5 kilograms) with growth hormone deficiency (GHD)
- the replacement of growth hormone in adults with growth hormone deficiency (GHD)

Do not take SKYTROFA if:

- you have a critical illness caused by certain types of heart or stomach surgery, trauma or breathing problems
- you are allergic to somatropin or any of the ingredients in SKYTROFA

Please see Important Safety Information throughout and [click here](#) for full Prescribing Information for SKYTROFA.

New to growth hormone treatment?

These questions will be most helpful if your child has not previously experienced growth hormone injections. They are important to ask when starting SKYTROFA®:



1. How often does my child need to take SKYTROFA? _____

- a. What happens if we miss a dose? _____

2. How do I store SKYTROFA? _____

3. What training is provided for the SKYTROFA Auto-Injector? _____

4. Are there any safety concerns I should be aware of? _____

5. What are the requirements to get started on SKYTROFA? _____

6. What type of treatment support is available? _____

- a. Where can I find other resources for SKYTROFA? _____

Write additional questions or notes here: _____

IMPORTANT SAFETY INFORMATION & USES (CONTINUED)

Do not take SKYTROFA if:

- you are a child with closed bone growth plates
- you have cancer or other tumors
- you have certain types of eye problems caused by diabetes
- you are a child with Prader-Willi syndrome who is severely obese or has breathing problems including sleep apnea (briefly stopping breathing during sleep)

Tell your healthcare provider if you are pregnant or plan to become pregnant, about all of your medical conditions, and about all the medicines you take. SKYTROFA may affect how other medicines work, and other medicines may affect how SKYTROFA works.

What are the possible side effects of SKYTROFA?

SKYTROFA may cause serious side effects, including:

- serious allergic reactions. Get medical help right away if you have swelling of the face, mouth, tongue, or throat or trouble breathing
- high risk of death in people who have critical illnesses caused by heart or stomach surgery, trauma, or serious breathing problems

Please see Important Safety Information throughout and [click here](#) for full Prescribing Information for SKYTROFA.

Considering the switch to once-weekly SKYTROFA®?



If your child is currently on daily growth hormone treatment, these questions will help guide your conversation about what to expect when switching to SKYTROFA:

1. Discuss your current treatment plan for GHD and how it impacts:
 - a. Your routine _____

 - b. Your child's social life and extracurricular activities _____

 - c. Vacations and/or summer camp _____

 - d. Additional lifestyle considerations _____
2. See how SKYTROFA is different from your child's current treatment:
 - a. How should SKYTROFA be stored? _____

 - b. What if we forget a dose? _____

 - c. How can we avoid missed doses? _____

3. What results can we expect after switching to SKYTROFA? _____

 - a. What are the potential side effects? _____

4. How do I use the SKYTROFA Auto-Injector? _____

5. Will my insurance require additional steps to switch to SKYTROFA? _____

 - a. What support is available for me to work through any insurance/coverage issues? _____

Write additional questions or notes here: _____

What are the possible side effects of SKYTROFA? (continued)

SKYTROFA may cause serious side effects, including:

- increased risk of growth of an existing tumor or cancer, or increased risk of a previous tumor or cancer returning in people who were treated with radiation to the brain or head as children and who developed low growth hormone problems. Your healthcare provider will need to monitor for the growth or return of a tumor or cancer. Contact your healthcare provider if you start to have sudden changes in behavior, headaches, vision problems, or changes in moles, birthmarks, or skin color

Please see Important Safety Information throughout and [click here](#) for full Prescribing Information for SKYTROFA.



Talk with your doctor about once-weekly SKYTROFA®!

Scan here to explore more.



What are the possible side effects of SKYTROFA? (continued)

SKYTROFA may cause serious side effects, including:

- new or worsening high blood sugar or diabetes. Your blood sugar may need to be monitored during treatment with SKYTROFA
- increase in pressure in the skull. Contact your healthcare provider if headaches, eye problems, nausea, or vomiting occur
- too much fluid in the body (fluid retention). Contact your healthcare provider if you notice swelling in the hands and feet, pain in the joints or muscles, or nerve problems that cause pain, burning or tingling in the hands, arms, legs, and feet
- decrease in a hormone called cortisol. Your healthcare provider will do blood tests to check your cortisol levels
- decrease in thyroid hormone levels. Decreased thyroid hormone levels may affect how well SKYTROFA works. Your healthcare provider will do blood tests to check your thyroid hormone levels
- hip and knee pain or a limp in children (slipped capital femoral epiphysis). This may lead to a serious condition where bone tissue dies due to a lack of blood supply (osteonecrosis). Get medical help right away for children who develop a limp or have hip or knee pain
- worsening of curvature of the spine in children (scoliosis)
- severe and constant abdominal pain. This could be a sign of pancreatitis. Tell your healthcare provider about any new abdominal pain
- loss of fat and tissue weakness in the area of skin you or your child inject. Talk to your healthcare provider about rotating the areas where SKYTROFA is injected
- high risk of sudden death in children with Prader-Willi syndrome who are severely obese or have breathing problems, including sleep apnea
- increase in phosphate, alkaline phosphatase, and parathyroid hormone levels in your blood. Your healthcare provider will do blood tests to check this

The most common side effects of SKYTROFA in children include: viral infection, fever, cough, nausea and vomiting, bleeding, diarrhea, stomach area pain, joint pain and arthritis

The most common side effects of SKYTROFA in adults include: swelling due to fluid build-up and low thyroid hormone

These are not all of the possible side effects of SKYTROFA. Call your doctor for medical advice about side effects. **You are encouraged to report side effects to FDA at 1-800-FDA-1088 or at www.fda.gov/medwatch. You may also report side effects to Ascendis Pharma at 1-844-442-7236.**

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